



## Early Journal Content on JSTOR, Free to Anyone in the World

This article is one of nearly 500,000 scholarly works digitized and made freely available to everyone in the world by JSTOR.

Known as the Early Journal Content, this set of works include research articles, news, letters, and other writings published in more than 200 of the oldest leading academic journals. The works date from the mid-seventeenth to the early twentieth centuries.

We encourage people to read and share the Early Journal Content openly and to tell others that this resource exists. People may post this content online or redistribute in any way for non-commercial purposes.

Read more about Early Journal Content at <http://about.jstor.org/participate-jstor/individuals/early-journal-content>.

JSTOR is a digital library of academic journals, books, and primary source objects. JSTOR helps people discover, use, and build upon a wide range of content through a powerful research and teaching platform, and preserves this content for future generations. JSTOR is part of ITHAKA, a not-for-profit organization that also includes Ithaka S+R and Portico. For more information about JSTOR, please contact [support@jstor.org](mailto:support@jstor.org).

the horrors of his first days and get some sort of general outlook on the outcome of the war.

America has been prodigal of assistance to the sufferers of the war; but though she has poured money in unceasing streams, she has done nothing so fine as this giving of individual service by her citizens.

**SPEAKING OF OPERATIONS.** By Irvin S. Cobb. George H. Doran Company. New York. Price 50 cents.

As an antidote to a long and continuous course of the serious side of nursing, nothing could surpass Irvin Cobb's "perfectly painless" narrative of his own experience in the operating room and the hospital.

Besides a completely renovated body, Mr. Cobb appears to have brought away from the hospital a great big asset, to wit, a topic of never failing interest in general conversation and of considerable value as material wherewith to build a book which shall not only lure half dollars from the public, but will buck up timorous souls who have to face the experience which he has so delightfully turned to profit for himself and his publisher.

**DIET FOR CHILDREN.** By Louise E. Hogan. Author of *How to Feed Children*, *A Study of a Child*, *The Introduction of Domestic Science in the Schools of New York City*, U. S. Government Bulletin No. 56, *Timely Hints for Mothers and Nurses*, *The Child in Sickness and Health*, etc. Bobbs Merrill Company. Indianapolis, Ind. Price 75 cents.

The sub-title of this book is its best description: "A complete system of nursery diet, with numerous receipts; also many menus for young and older school children. A home and school guide for mothers, teachers, nurses and physicians." No question presents more difficulty in the safe-guarding of childhood than diet. The mean between foolish and criminal indulgence and a diet restricted to monotony seems to be hard to find. Mrs. Hogan's book tends to clear away much of this difficulty and to make the task at once easier for parents and guardians and more acceptable to children.

She makes a point of early educating the palate. A common error is to teach a child to like, and later, crave, sweets and unwholesome foods, thus the taste is perverted from those articles of diet which are of most value to nutrition. Another point is care in the selection and preparation of food. Oatmeal porridge and cream, when it is properly prepared and served, is a dish for kings, but served as at the school where Jane Eyre and her schoolmates turned from it in disgust, it is only fit for animals.